



The Art Of Letting Go...

Let's say you want this thing. And you want it really really really bad! And let's also say you are very familiar with the principles of Manifesting using the Law of Attraction and you've followed all the steps to the letter. You've gotten clear, you've put your request out to the universe, you've stayed in positive expectation, you've looked for proof your thing is on the way. You've been patient and faithful and sure that it would get here soon. And yet it's not here.

And you're confused, frustrated, hurt and a bit let down. I mean dang...you did it all! That thing should have been delivered to your front door with a fanfare and a huge red bow! And it hasn't 😞

So what do you do now?

It may seem contrary to everything that you've been saying, thinking, feeling and doing around this thing that is so important to you.....but you *have to let it go*.

Sounds strange, huh? Wouldn't letting it go mean giving up and accepting you can't have it? Well...yes and no.

*The art of letting go is about detaching
from your need for the thing, so you
can allow the actual thing into your life.*

You see, when you want something that badly what happens is your vibration sometimes switches slightly from *having* it to *wanting* it. This shift is very subtle, but makes all the difference in the world as to whether you'll get it or not.

The vibration of *wanting* is one of lack. It says "I don't have this thing" and it creates a longing for it. It feels kind of wistful, sad, hopeful but yet reserved, not quite certain, and at its extreme can feel almost desperate....like you're coveting that very special thing that is just out of your reach.

The vibration of *having*, on the other hand is one of appreciation and abundance. It says "I am so lucky to have this thing that I appreciate so much" and creates feelings of gratitude, thanks, happiness, love, expansion, and joy. At its peak there can be a euphoria

that feels like bliss, especially if the thing you have gotten is something that is very important to you.

So how do you let go of the *wanting* to get to the *having*? You change the words from future to present tense. Instead of saying “I can’t wait until I get _____,” say instead “I am so happy to have _____.” You claim that the thing you are wanting is already yours *in this moment*. This will change the vibration completely from *wanting* to *having* and bring that desire right to your door....fanfare, red bow, circus parade and all!

Maria Meiners is an intuitive psychic reader, channeler, and master manifestor who provides guidance, inspiration, support and personal coaching through one-on-one phone or Skype sessions. Her mission is to help you take concrete steps toward creating the life you dream of and deserve.

Note from Maria – If you got this report from a friend, I wanted to let you know that available as a free download at www.MariaTheMuse.com/free-stuff/.

Also, if you’d like to learn more about how to manifest what you want using Law of Attraction principles then check out the FREE Manifesting Kit at www.musemanifestingkit.com.

Thanks for allowing me to be part of your journey!

Maria